

Peak Nordic Middle School Program Grades 6, 7 & 8 - TENTATIVE Schedule 2017-2018

ALL races are OPTIONAL for MS Program		Rev 10-14-17	See Peak Nordic Kids program for K5 thru 6th Graders		
Oct 16 2017 (Mon)		MS Informational Meeting	Evergreen Shelter Lapham Peak Oct 16: 6PM to 8PM; 1 mile S of I-94 on Cty Hwy C Delafield, WI		
November 2017		Roller Ski Practices @ Wales Mon & Wed 3:30-5:00 If Snow - Ski Practices @ Lapham Monday 4-5:30 & Wed 5:30-7:00			
1-Nov	Wed	Used ski drop off	Bicycle Doctor Store Dousman	4 to 7PM	
9 Nov	Thurs	Ski fitting - MS Skiers	Bicycle Doctor Store Dousman	4 to 7PM	Middle School Kids Only
11Nov	Sat	Ski Swap - Public Welcome	Bicycle Doctor Store Dousman	10AM-3PM	Open to the Public
13 Nov	Mon	1st Practice MS Program	Wales Bike Trail	3:30 -5:00PM	REQ'D: Helmet, Flasher, Refl Vest!
14 Nov	Tues	Parent Info Night - Required	Evergreen Shelter Lapham	5:15 to 6:45 PM	Learn from experienced Parents
December 2017		Roller Ski Practices @ Wales Mon & Wed 3:30-5:00; Plus A few Opt Tues 5:30 to 6:45PM practices @ Lapham If Snow - Ski Practices @ Lapham Monday 4-5:30 & Wed 5:30-7:00			
16 Dec	Sat	Lodi Sprint Races	Lodi, WI	AM Sat	Skate
28-29-30Dec	Th,F,Sa	Christmas Camp	On snow SwedeTown/Houghton, MI	Th,F,Sa	Both Classic & Skate
January 2018		Ski Practices @ Lapham Mon 4-5:30 & Thurs 5:30-7:00; Wed Night Races Begin Jan 3 (5:30 or 6PM Warm Up)			
1-Jan	Mon	ManMade CELEBRATION!	Lapham Peak State Park	All Day	Count & Record Your Loops/K
Jan 3,10,17,24,31	Weds	WED NIGHT RACES	Lapham Peak St. Forest Delafield	6PM WarmUp	Some Classic, Some Skate
6-7Jan	Sat & Sun	Rhineland	Cavoc Ski Trails Rhineland	Sat & Sunday	Classic & Skate
13Jan	Sat	Wausau Snekkevik	Wausau 9 Mile Forest Recreation Area	AM	Snekkevic Classic
14 Jan	Sun	Iola Invite, Iola, WI	Iola Winter Sports Club	AM	Skate?
20-Jan	Sat	Lapham Loppet	Lapham Peak State Park	AM	TBA
27-Jan	Sat	Invite South Conf Meet	Greenbush WI North Kettle Moraine	AM	Classic
27-Jan	Sat	Badger State Games	Wausau WI 9 Mile Forest	AM & Afternoon	Classic & Skate
TBD	Sat	Greenbush Race	Greenbush WI North Kettle Moraine	AM	Skate?
28 Jan	Sun	Iola Norseman	Iola Winter Sports Club Iola, WI	AM	Skate & Classic
February 2018:		Ski Practices @ Lapham Mon 4-5:30 & Thurs 5:30-7:00; Wed Night Races Begin Through Feb 14 (5:30 or 6PM Warm Up)			
3-Feb	Sa	Madison TEAM Relays/Sprints	Elver Park Madison WI	TBA Time	Skate
4-Feb	Sun	Madison IndividualSprints	Elver Park Madison WI	TBA Time	Classic
Feb 7 & 14	Weds	Wed.Race nights	Lapham Peak St Forest, Delafield WI	6PM WarmUp	Some Classic, Some Skate
10-11Feb	Fri-Sun	HS/MS State Championships	Telemark - near Cable WI	Sat-Sun	Leave after school Fri Home Sun
22 Feb	Thurs	Junior Birkie	Hayward WI	Thurs	
23Feb	Fri	Kortelopet	Telemark near Cable, WI	AM	Skate or Classic - Must be 13 y/o
28 Feb?	Wed	Wed Ski League Banquet by Lapham	Hausmann Nature Center	evening Wed	Awards for Wed Evening Races
MARCH 2018:		Practices at Lapham Monday 4-5:30 & Thurs 5:30-7:00 if Snow 4-5:30 to March 9; Opt Practices After 3/9 if good Snow			
3-4Mar	Sa, Su	Squirrel Hill Pursuit	Minoqua & Standing Rocks	Sat AM Ski	FUN FUN(Sunday at Standing Rocks)
14 Mar	Wed	Banquet Honor Athletes	Trecker Lodge Lapham Homestead	evening Wed	Banquet - Save the Date!

Check w Coaches if interested-JNQ Races: Dec17-18Houghton, Jan20-21Cable, Feb17-18Mt Itasca-MN

Parents are responsible for getting there MS skier to "Away" racing meets when/if their middle schooler participates.

TEAMSNAPE.COM website "Schedule" for Peak Nordic Ski Club Middle School will be updated throughout the season. Team Website is: <http://PeakNordic.com>

ALL IS SUBJECT TO CHANGE BASED ON WEATHER, TRAINING NEEDS, ETC!! LISTEN-UP! WATCH E-MAIL!

2017/2018 MS Ski Locations & Times Rev 10-15-17

Pactice Month	Location	Mon	Tues	Wed	Thurs	Friday
November Roller Ski	Wales Trail Head	3:30 - 5:00		3:30 - 5:00		
November if Snow	Lapham - Evergreen	4:00 - 5:30		5:30 - 7:00		
December Roller Ski	Wales Trail Head	3:30 - 5:00		3:30 - 5:00		
December if Snow	Lapham - Evergreen	4:00 - 5:30	Opt 5:30 - 6:45	5:30 - 7:00		
January On Snow	Lapham - Evergreen	4:00 - 5:30		Race - TBD PM	5:30 - 7:00	
February On Snow	Lapham - Evergreen	4:00 - 5:30		Race - TBD PM	5:30 - 7:00	
March On Snow	Lapham - Evergreen	4:00 - 5:30			5:30 - 7:00	

Note #1: November & December practice Days and Times are the same (except for Dec Tuesday Optional practices)

Note #2: January, Feb, March practice days and times are the same

Note#3: Dec Optional practices will be set up in Team Snap and will be "Conditioning Based" - Always at Lapham - Land or Snow

Note#4: Wed night Races Start Jan 3rd and end Feb 14. Warm Ups will start at 5:30 or 6:00 - TBD.