



Middle School 2026-27



What is it?

Peak Nordic Middle School Team is a diverse group of kids from around the Delafield/southeastern Wisconsin area who love to ski and spend time outside in a fun, healthy, competitive sport

Who is it for?

For 5th-8th graders of any ability who live close enough to Lapham Peak.

We also offer a less involved kids lesson program for grades 1-6 as well as a competitive high school team for youth grade 9-12.

Where do we practice?

Lapham Peak Ski Trails with optional races throughout Wisconsin

When are Practices?

The season runs from early November to early March. We have many athletes with other commitments and that's okay - come as you can.

- Nov/Dec Roller Ski Practice 3:45-5:00 (Mon/Wed)
- Nov/Dec Dryland Practice 4:30-6:00 (Th)
- Dec/Jan/Feb Snow Practice 4:30-6:00 (Mon/Tue/Wed/Th)

What about Gear?

If you're new to the sport, there are rental options through Bicycle Doctor in Dousman and also a ski swap if you'd rather buy used equipment. We do both skate and classic skiing.

Dates

- New Family Informational Meeting - October 19 at 6pm at Lapham Peak Lodge
- Ski Swap - October 28-29 at the Bicycle Doctor from 4-6pm



Welcome Peak Nordic Middle School Team! We know that there can be a lot of questions when joining a new team. In addition to this flier, check out our team and book and more at our website: www.peaknordic.com